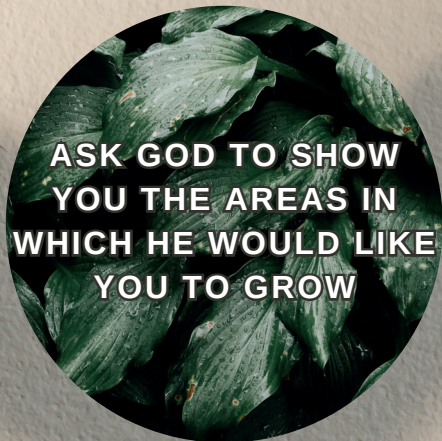


2024 GROWTH PLAN



Surrender is one of our highest forms of worship. Are you willing to let go of your own plans and agenda for 2024 and allow God to direct your path? If so, prayerfully approach your goal setting for the year. Ask God which areas He would like to grow you in 2024. Will you give Him your yes? If so, list each area God asked you to target.

Growth Targets

Now is the time for a thorough self-assessment. Identify where you currently are in every area you listed and where you desire to be by the end of the year. Consider your strengths and weaknesses. What strengths will you have to tap into to achieve your goals? What weaknesses are potential roadblocks? What do you need to ask God for?

Strengths

Weaknesses

Prayer:

Dreams are rarely reached without intention and work. Ask God to help you develop a specific plan to reach each target area. You have already set growth goals for the year, what will it take monthly, weekly, and daily to reach those goals?

Think of someone who is already where you want to be. Think of what their daily life, their habits, and routines are, and then do what they do. If you want to be skinny, eat what your skinny friend eats. If you want to be a good parent, find someone whose adult children are honorable and responsible, and learn from them. Observe and learn from others who have achieved what you are aiming for. Read books, listen to podcasts, attend workshops, or join groups. Set your eyes on your target and do the hard work of achieving success.

Think about vegetable gardens. They require an investment of time, planning, soil preparation, planting, watering, weeding, harvesting, cleaning, canning, and cooking before the vegetables find a place on your table. Likewise, your growth will require work!

I've heard it said, "Insanity is doing the same thing and expecting different results." You won't magically become who you want to be; you will have to change some things. Imagine the woman you want to be and build her. Start by building habits and routines that will get you where you want to be. Step by step, day by day, build her with the Holy Spirit's guidance and help.

Use the following pages to create a monthly and weekly to-do (goal) list. Write down tasks & steps you need to do in order to progress towards your targets. Print additional copies of these pages and keep them where you will see them daily.

MONTH

What do I need to do this month to move toward my target?

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

TODAY

What do I need to do today to move toward my target?

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

Having a support network is crucial for our growth and development. I encourage you to find at least one friend who will encourage you and be your cheerleader, but also is strong enough to speak hard truths to you when needed. Share your dreams and goals with her and ask her to share your journey and help keep you accountable.

My Support Network:

And finally, make sure you take time to regularly reflect and adjust. The end of each month is an excellent time to consider how you are doing. Be disciplined but also show yourself grace. Anytime we attempt to advance, regardless of the goal, there will be resistance. Expect it. Push back, press in and persevere. Ask God to help you overcome it. Remember, you approached this prayerfully, these goals are God-given. He will equip you and open doors for you but you will have to partner with Him, sometimes moving forward in faith. Stay in the race and He will get you across the finish line.

Psalms 138:8

The LORD will fulfill his purpose for me. LORD, your faithful love endures forever: do not abandon the works of your hands.